



*Have you had enough of the Cigarettes controlling your life?
Are you ready to be carefree and naturally managing your life without
cigarettes?.....If you are ready this..you are ready?*

'Freshchange' Quit Smoking - ©Allanah Bahnsen

2 successive sessions with Allanah

2 Bonus Hypnosis Audios *Normally Valued at \$17*

One month's FREE trial to [Mind Mastery program](#) to learn self hypnosis for yourself

Breathe free and easy from your first session, programmed positive withdrawal and detox of body.

Learn new breathing habits and EFT (Emotional Freedom Technique) as a self empowerment tool, address triggers such as coffee, alcohol, social occasions and underlying anxieties.

No transference to food and no weight gain.

Your investment is \$397 - full payment required up front.

Don't delay any longer; Call NOW for to make an appointment time for positive change!
0432 568 552 or email admin@balancedbeing.com.au

Hypnotherapy:

Powering up your desires to be free, addressing triggers and strategies to suit you. Identifying and reframing unconscious blocks. Releasing old beliefs.

EFT: Emotional Freedom Technique

Self Hypnosis: Self hypnosis for your own commitment...create your own reality through Mastering your Mind as a tool for success.

"I was a smoker for 35 years and found Allanah's techniques to be very effective in helping me quit. From the very first session I was a nonsmoker. I feel supported in my approach to remaining a non-smoker. Thank you Allanah for your help and understanding.", N M, Pottsville.

Call Allanah 0432 568 552 or email admin@balancedbeing.com.au

Download FREE worksheet from www.balancedbeing.com.au